

# **Meet Schedule for Need for Speed**

## **Friday, March 7, 2025**

**3:30 pm**      **Coaches Meeting**  
                 **Field Events Check-In at Event Area**  
                 **Track open for exchanges/starts/etc.**

**4:00 pm**      **1st Rd. Field Events (2nd Rd. immediately after)**

**Girls TJ / Boys TJ**

**Boys LJ / Girls LJ**

**Girls PV / Boys PV**

**Boys HJ / Girls HJ**

**Girls Shot / Boys Shot**

**Boys Discus / Girls Discus**

**5:15 pm**      **2nd Rd. Field Events (or as soon as 1st finishes)**

**6:30 pm**      **60m Hurdles**

**800m Sprint Medley (100m-100m-200m-400m)**

**1200m Run (3 laps)**

**60m Dash**

**100m Dash**

**800m Run**

**200m Dash**

**300m Dash**

**1500m Run (starts at 800m break line)**

**4x200m Relay**

**Team awards**