

# Fleet Feet Friday Night Lights - April 1, 2022

Version 4

Adjust this and it calculates a new schedule 0:05:00

TIME	Gender	RUNNING EVENTS	Entries per school	# of Schools	ACTUAL Counts	# of lanes per heat (or entries per heat)	# of heats	Average Time per heat	Time for Event (minutes)	Entry comments
3:45 PM	Girls	4x 800 Relay	1	31	31	16	2	0:15:00	0:30	Use 2 alley ways and 1 Turn stagger for 1st leg ( just like state meet)
4:15 PM	Boys	4x 800 Relay	1	31	31	16	2	0:13:00	0:26	Use 2 alley ways and 1 Turn stagger for 1st leg ( just like state meet)
4:41 PM	Girls	100 Hurdles	2	31	62	8	8	0:01:00	0:08	2 entries
4:49 PM	Boys	110 Hurdles	2	31	62	8	8	0:01:00	0:08	2 entries
4:57 PM	Girls	100m	2	31	62	8	8	0:01:00	0:08	No run outs
5:05 PM	Boys	100m	2	31	62	8	8	0:01:00	0:08	No run outs
5:13 PM	Girls	4x 200 Relay	1	31	31	8	4	0:04:00	0:16	
5:29 PM	Boys	4x 200 Relay	1	31	31	8	4	0:04:00	0:16	
5:45 PM	Girls	1600m	0-4	31	72	24	3	0:07:45	0:23	No runners slower than 6:30 minutes, <b>ALLOW</b> up to 4 entries, if all under 6:00 min; fast heat is last;
6:08 PM	Boys	1600m	0-4	31	90	24	4	0:06:45	0:27	No runners slower than 5:30 mins; <b>ALLOW</b> up to 4 entries if all under 5 mins; fast heat is last
6:35 PM	Girls	4x100 Relay	1	31	31	8	4	0:02:30	0:10	
6:45 PM	Boys	4x100 Relay	1	31	31	8	4	0:02:30	0:10	
6:55 PM	Girls	400m	2	31	62	8	8	0:01:30	0:12	No run outs
7:07 PM	Boys	400m	2	31	62	8	8	0:01:30	0:12	No run outs
7:19 PM	Girls	300m Hurdles	2	31	62	8	8	0:01:30	0:12	2 entries
7:31 PM	Boys	300m Hurdles	2	31	62	8	8	0:01:00	0:08	2 entries
7:39 PM	Girls	800m	3	31	72	16	5	0:04:00	0:20	Start has 2 per lane, run 1 turn stagger to break line; fast heat is last
7:59 PM	Boys	800m	3	31	93	16	6	0:03:30	0:21	Start has 2 per lane, run 1 turn stagger to break line; fast heat is last
8:20 PM	Girls	200m	2	31	62	8	8	0:01:00	0:08	No run outs
8:28 PM	Boys	200m	2	31	62	8	8	0:01:00	0:08	No run outs
8:36 PM	Girls	3200m	0-4	31	60	32	2	0:15:00	0:30	No runners slower than 14 minutes, <b>ALLOW</b> up to 4 entries if all under 13:20; fast heat is last
9:06 PM	Boys	3200m	0-4	31	93	32	3	0:13:00	0:39	No runners slower than 12:00 mins; <b>ALLOW</b> up to 4 runners if all under 11:00; fast heat is last
9:45 PM	Girls	Girls 4x400 Relay	1	31	31	8	4	0:05:00	0:20	will consolidate heats, if teams scratch
10:05 PM	Boys	Boys 4x400 Relay	1	31	31	8	4	0:05:00	0:20	will consolidate heats, if teams scratch
10:25 PM		End time							6:40	

TIME	Gender	FIELD EVENTS	Entries per school	# of Schools	ACTUAL Counts in 2021 with 21 heat	Comments on heights and distances	Comments on Number of Athletes
3:45 PM	Girls	Pole Vault	2	21	13	Starting Height 6'6"	2 athletes per school + 3rd if 10ft or higher
3:45 PM	Girls	Long Jump	2	21	30	3 jumps, all 1st jumps measured, 2nd and 3rd jumps only measured if greater than 15'	2 athletes per school only
3:45 PM	Boys	Long Jump	2	21	34	3 jumps, all 1st jumps measured, 2nd and 3rd jumps only measured if greater than 19'	2 athletes per school only
3:45 PM	Boys	High Jump	2	21	23	Starting Height 5'8"	2 athletes per school only
3:45 PM	Boys	Shot Put	2	21	37	3 throws, all 1st throws measured, 2nd and 3rd throws only measured if greater than 40'	2 athletes per school only
3:45 PM	Girls	Discus	2	21	30	3 throws, all 1st throws measured, 2nd and 3rd throws only measured if greater than 80'	2 athletes per school only
3:45 PM	Girls	High Jump	2	21	15	Starting Height 4'6"	2 athletes per school only
5:45 PM	Boys	Pole Vault	2	21	16	Starting Height 9'0"	2 athletes per school + 3rd if 12ft or higher
5:45 PM	Girls	Shot Put	2	21	31	3 throws, all 1st throws measured, 2nd and 3rd throws only measured if greater than 15'	2 athletes per school only
5:45 PM	Boys	Discus	2	21	34	3 throws, all 1st throws measured, 2nd and 3rd throws only measured if greater than 100'	2 athletes per school only
5:45 PM	Girls	Triple Jump	2	21	29	3 jumps, all 1st jumps measured, 2nd and 3rd jumps only measured if greater than 30'	2 athletes per school only
5:45 PM	Boys	Triple Jump	2	21	21	3 jumps, all 1st jumps measured, 2nd and 3rd jumps only measured if greater than 40'	2 athletes per school only