

9:00am Session 1:

Field Events Girls Shot Put/Triple Jump/Pole Vault Boys High Jump/Discus/Long Jump

3 attempts all field events, no finals

1st Session Distance events (Girls then boys):

9:00am 4x1600m relay (1 team per school)

10:05am 3200m Girls then Boys

10:15am Session 2:

Field Events Boys Shot Put/Triple Jump/Pole Vault Girls High Jump/Discus/Long Jump

2nd Session Distance Event (girls then boys):

10:45am 4x800m relay

11:30am Senior Day recognition

12:45 Track events will begin on a rolling schedule. (Girls before boys)

100/110m Hurdles

100m

4x200m Relay

1600m

4x100m Relay

400m

300m Hurdles

800m

200m

4x400m Relay