

BROOKWOOD JV SHOWCASE

MEET SCHEDULE

COACHES MEETING 3:30 PM

FIELD EVENTS: 4:00 PM

Girls Discus / Boys Shot Put
Girls Long Jump / Boys Long Jump
Girls High Jump / Girls Pole Vault

FIELD EVENTS: 5:00 PM

Girls Shot Put / Boys Discus
Girls Triple Jump / Boys Triple Jump
Boys High Jump / Boys Pole Vault

EVENT SCHEDULE (Rolling Schedule Starting at 4pm)

All races will be girls followed by boys

4 x 800 Relay

Senior Recognition

100/110 hurdles

100m

4 x 200 Relay

1600m

4 x 100 Relay

400m

300mh

800m

200m

3200m

4 x 400 Relay

Mixed 4 x 400 Relay (B-G-B-G)