

# **Meet Schedule for Brookwood JV Showcase, March 21, 2024**

## **MEET SCHEDULE:**

### **COACHES MEETING 3:30 PM**

### **FIELD EVENTS: 4:00 PM**

Girls Discus / Boys Shot Put

Girls Long Jump / Boys Long Jump

Girls High Jump / Girls Pole Vault

### **FIELD EVENTS: 5:00 PM**

Girls Shot Put / Boys Discus

Girls Triple Jump / Boys Triple Jump

Boys High Jump / Boys Pole Vault

### **EVENT SCHEDULE (Rolling Schedule Starting at 4pm)**

\*\*\*All races will be girls followed by boys\*\*\*

4 x 800 Relay

100/110 hurdles

100m

4 x 200 Relay

1600m

4 x 100 Relay

400m

300mh

800m

200m

3200m

4 x 400 Relay