

2024 GHSA Track and Field Sectional Meet Schedule

Admission for all Sectional Meets will be \$8.00 for the day.

NOTE: The schedule of Running Events has been set to match, as closely as is reasonably possible, the recovery time between running events at the State Meets. Sectional meets should stay on schedule and NOT run ahead of schedule!

Saturday, May 4, 2024

FIELD EVENTS: nine (9) competitors to Finals in horizontal events (jumps and throws); vertical events should conclude after clear 9th and 10th place finishers have been established for Replacement Purposes

10:30am

High Jump (Girls)	Long Jump (Girls)
Shot Put (Girls then Wheelchair, Ambulatory)	Discus Throw (Boys, then Ambulatory)
Pole Vault (Boys)	Triple Jump (Boys)

12:30 pm

Discus Throw (Girls, then Ambulatory)	Pole Vault (Girls)
Triple Jump (Girls)	High Jump (Boys)
Long Jump (Boys)	Shot Put (Boys then Wheelchair, Ambulatory)

RUNNING EVENTS: (The 4x800 Meter Relay should not start before all field events are completed. Running schedule may be adjusted, if necessary, due to Field Events and/or weather delays. However, the time increments between running events should be maintained to ensure adequate recovery time between events.) (The order of running events will be Wheelchair, Ambulatory, if needed, then girls/boys.)

10:45 am	1600 Meter Run (1 Section-all qualifiers girls/boys)
2:30 pm	4x800 Meter Relay (1 Section-all qualifiers girls/boys; dual-alley start)
3:10 pm	100/110 Meter Hurdles (2 Heats each girls/boys)
3:30 pm	100 Meter Dash (Ambulatory, then 2 Heats each girls/boys)
3:50 pm	4x200 Relay (2 Heats each girls/boys)
4:30 pm	4x100 Meter Relay (2 Heats each girls/boys)
4:50 pm	400 Meter Dash (Ambulatory, then 2 Heats girls/boys)
5:15 pm	300 Meter Hurdles (2 Heats each girls/boys)
5:50 pm	800 Meter Run (Wheelchair, Ambulatory, 2 Heats each girls/boys, one-turn stagger)
6:20 pm	200 Meter Dash (Wheelchair, Ambulatory, 2 Heats each girls/boys)
6:40 pm	3200 Meter Run (1 Section-all qualifiers girls/boys)
7:10 pm	4x400 Meter Relay (2 Heats each girls/boys)

The Games Committee should determine vertical events' opening heights and progressions based on the strength/depth of competition and/or weather conditions.