

Friday, March 29th Running Event Schedule

Time	Type	Event	Notes
5:30 PM	Finals	JV Girls 1600m Run	2 Heats
5:45 PM	Finals	JV Boys 1600m Run	2 Heats
6:00 PM	Finals	Varsity Girls 4x800m Relay	
7:15 PM	Prelims	Varsity Girls 200m Dash	Top 16 Overall Times Advance
8:00 PM	Prelims	Varsity Boys 200m Dash	Top 16 Overall Times Advance

Friday, March 29th Field Event Schedule

Time	Type	Event	Notes
5:00 PM	Prelims	Varsity Boys Shot Put (Flights 1 & 2)	Minimum Mark 40"0
5:00 PM	Prelims	Varsity Girls Discus (Flights 1 & 2)	Minimum Mark 90"0
5:45 PM	Finals	Varsity Girls High Jump	Opening Height 4"10

Saturday, March 30th Running Event Schedule

Time	Type	Event	Notes
8:45 AM	Finals	Varsity Girls 3200m Run (All Sections)	
9:30 AM	Prelims	Varsity Girls 100m Dash	Top 16 Overall Times Advance
10:00 AM	Prelims	Varsity Boys 100m Dash	Top 16 Overall Times Advance
10:30 AM	Prelims	Varsity Girls 100m Hurdles	Top 16 Overall Times Advance
11:00 AM	Prelims	Varsity Boys 110m Hurdles	Top 16 Overall Times Advance
11:30 AM	Finals	Varsity Girls 4x100 Relay	
11:50 AM	Finals	Varsity Boys 4x100m Relay	
12:15 PM	Finals	Varsity Girls 100m Hurdles (2 Heats)	
12:20 PM	Finals	Varsity Boys 110m Hurdles (2 Heats)	
12:30 PM	Finals	Varsity Girls 100m Dash (2 Heats)	
12:35 PM	Finals	Varsity Boys 100m Dash (2 Heats)	
12:45 PM	Finals	Varsity Girls 1600m Run	
1:30 PM	Finals	Varsity Boys 1600m Run	
2:15 PM	Finals	Varsity Girls 4x200m Relay	
2:45 PM	Finals	Varsity Boys 4x200m Relay	
3:15 PM	Finals	Varsity Girls 400m Dash	
3:45 PM	Finals	Varsity Boys 400m Dash	
4:15 PM	Finals	Varsity Girls 400m Hurdles	
4:45 PM	Finals	Varsity Boys 400m Hurdles	
5:15 PM	Finals	Varsity Girls 800m Run	
5:45 PM	Finals	Varsity Boys 800m Run	
6:15 PM	Finals	Varsity Girls 200m Dash (2 Heats)	
6:20 PM	Finals	Varsity Boys 200m Dash (2 Heats)	

Saturday, March 30th Field Event Schedule

8:45 AM	Finals	Varsity Girls Triple Jump	Minimum Mark 32"0 (Runway A)
8:45 AM	Finals	Varsity Boys Triple Jump	Minimum Mark 40"0 (Runway B)
9:30 AM	Finals	Varsity Girls Pole Vault	Opening Height 8"6
9:30 AM	Finals	Varsity Boys Discus (All Flights)	Minimum Mark 120"0
9:30 AM	Finals	Varsity Girls Shot Put (All Flights)	Minimum Mark 34"0
2:00 PM	Finals	Varsity Girls Long Jump	Minimum Mark 16"0 (Runway B)
2:00 PM	Finals	Varsity Boys Long Jump	Minimum Mark 20"0 (Runway A)
2:30 PM	Finals	Varsity Girls Discus (Flights 3, 4 & 5 + Finals)	Minimum Mark 90"0
2:30 PM	Finals	Varsity Boys Shot Put (Flights 3, 4 & 5 + Finals)	Minimum Mark 40"0
4:00 PM	Finals	Varsity Boys High Jump	Opening Height 5"10